

Meals On Wheels
Annual
Report
2009



A United Way Agency



Mission Statement & Index

Our Vision

- Nutritious meals accessible to everyone

Our Mission

- Nutritious meals are delivered by volunteers to the people in our community who are unable to prepare or otherwise obtain them.

We Value

- The personal contact and caring provided by our volunteers.
- Every client's right to the best service the agency can offer.
 - Honesty, integrity, mutual respect and confidentiality.
- The responsible management of human and physical resources.
 - High quality in our product.

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President's and Executive Director's Report

In the following pages, we trust the reader will find a fair and accurate representation of the operations for Meals On Wheels for the year 2008. Every day during the past year, several hundred people collaborated in a unique way to provide nutritious meals and friendly visits to more than one thousand Winnipeg citizens. We appreciate the efforts of all those caring and generous people who translate our mission into action.

Thank you Volunteers.

Without the willingness of our volunteers, Meals On Wheels couldn't possibly function. We would not exist without you. Meals On Wheels volunteers care for their clients and provide an invaluable service which extends far beyond the mere delivery of a nourishing meal. Our volunteers are compassionate visitors and a secondary source of security and support for our clients and their families. Thank you for everything you do!

We want to formally acknowledge all of our community partners in the volunteer program. Meals On Wheels is fortunate to have so many groups involved delivering meals. These groups are as diverse

as our community itself. We have church groups, community service agencies and schools, all active volunteers. So a very large "thank you" goes out to St. Aidan's Anglican Church, St. Andrews River Heights United, Kirkfield Park United, St. Marks Lutheran, World Wide Church of God, Pulford Community Living Services, Work & Social Opportunities, Transcona Springfield Employment Network, Hope Centre, D.A.S.C.H., New Directions, Norshel Inc., Grant Park High School Provincial Autism Program, William Whyte School, and Hugh John MacDonald School. Thank you all!



Thank You Funders.

We recognize and appreciate those organizations that fund the administration of Meals On Wheels. We appreciate the support of the Winnipeg Regional Health Authority and the relationship we have with those in the health care system. We also appreciate the financial assistance we continue to receive from The Winnipeg Foundation, The Maunders McNeil Foundation and the United Way.

Thank You Community.

Meals On Wheels is blessed with a very broad base of support throughout the community. Many local companies made generous donations to Meals On Wheels in the past year, including The St. James and Charleswood Branches of the Royal Canadian Legion. We extend our thanks also to the groups that donated gifts to our clients during the holiday season. We give special recognition to the Girl Guides, Pathfinders, Brownies and Sparks who create various seasonal favours for our clients. We also greatly appreciate the publicity we receive courtesy of the Winnipeg media outlets.

Thank you also to the RDF and the thirteen facilities which prepare the food we deliver to our clients. We genuinely appreciate the care and attention you give to make a quality product for our clients. We also acknowledge your good work in administering the program at your site. These sites include: Regional Distribution Facility, Concordia Hospital, Deer Lodge Centre, Grace Hospital, Misericordia Health Centre, Riverview Health Centre, Victoria Hospital, St. Boniface Hospital, Health Sciences Centre, West Park Manor, Gwen Selter Creative Living Centre, Holy Family Nursing Home, St. Amant Centre, St. and Park Manor.

Thank You Board Of Directors And Staff.

We extend our warm thanks to the volunteer Board of Directors for the selfless effort they provide. Directors give of their time, talent and energy in guiding the organization and helping us to deliver the best possible service for our clients. Abundant thanks and praise also for our dedicated staff. The staff's commitment to our clients and volunteers is profound.

The New Era Continues.

Across the full range of Meals On Wheels activities, from deliveries to fund raising, the objectives of 2008 have been realized. The increasing demand for Meals On Wheels service has resulted, once again, in a record number of meals delivered.

For 2009 our focus will be on increasing the number of volunteers as well as augmenting our financial strength, all while recognizing that those serving the meals and those receiving them combine to be our greatest asset.

The real success behind Meals On Wheels is, of course, the ongoing enormous commitment of its volunteers. Your staff and your Board of Directors can plan and fundraise endlessly but in the end, what really sustains us, is individual dedication and commitment to the service of others. Thank you volunteers. Our heartfelt appreciation is extended to each and every one of you. We thank you because you care.

Grant Nerbas, President &
John C. Walton, Executive Director





Treasurer's Report

Owing to the very high volume of sales plus some good fiscal management, our overall financial position remains sound, despite some very significant and unbudgeted costs. During the past year we corrected a number of very serious computer problems which were discovered in the previous year. The repairs were very costly but thanks to the high sales figures, we were able to finish the year with a relatively modest deficit. Once again, we were able to leave our cash reserves untouched and intact. This, together with our overall operating surplus, will allow the organization to manage its affairs in an orderly manner throughout the coming year.

With many thanks owing to the Winnipeg Foundation, I am pleased also to report the continued growth of the Meals On Wheels Endowment Fund. We still have far to go but with ongoing Marketing and Development efforts for the Endowment, it is hoped that we will, in time, significantly reduce our dependence on grants.

We wish to express our heartfelt thanks to our principle funding agencies, The Winnipeg Regional Health Authority, The Winnipeg Foundation, The United Way of Winnipeg and the Maunders McNeil Foundation. Many thanks also for the generous support we received from the Canadian Tire Winnipeg Dealers Association, providing for the increased gas allowance.

In closing, we must mention the great number of volunteers who so graciously return their gasoline allowance as a donation. We thank you and we look forward to your continued support in the years to come.

Tim Baribeau, Treasurer

Condensed Financial Statements and Auditor's Report on Summarized Financial Statements

Building a Healthier Community, One Meal at a Time



Marketing and Development

Dinner & Auction

Meals Served	2008		2007		2006	
	Monthly	YTD	Monthly	YTD	Monthly	YTD
January	17,756	17,756	15,385	15,385	15,214	15,214
February	16,750	34,506	14,022	29,407	14,582	29,796
March	16,736	51,242	15,948	45,355	16,255	46,051
April	16,767	68,009	14,265	59,620	15,015	61,066
May	17,393	85,402	15,778	75,398	15,290	76,356
June	16,895	102,297	14,794	90,192	14,599	90,955
July	17,504	119,801	14,295	104,487	14,515	105,470
August	16,880	136,681	15,115	119,602	15,436	120,906
September	16,740	153,421	14,545	134,147	15,089	135,995
October	17,518	170,939	15,026	149,173	14,400	150,395
November	16,030	186,969	15,369	164,542	14,851	165,246
December	17,319	204,288	14,797	179,339	15,213	180,459



Long Service Volunteer Awards

40 Years

Margaret Follett

20 Years

Ardelia Burrow • Bruce Burrow • Sarah Duboff • Lloyd Friedmann
Hermyn Meulenkamp • Don Putnam • Henry Wiens • Mary Wiens • Maureen Wiseman

15 Years

Donna Bittner • Doreen Davidow • Elsie Douglas
Frank Hyde • Hollis Kinsey • Pete McDougal • Wayne Seher

10 Years

Linda Beer • Burton Garner • Bob Hall • Jeanette Ilchena • Andrew Ilchena
Joan Jenkins • Bob Lindsay • Alan Lomas • Joan Lomas • Grant Nerbas • Jean Oliver
Orla Orr • Arnie Schlippert • Bill Vielhaber • Elsie Vielhaber • Gus Viger • Marie Viger

5 Years

Ron Aminot • Simone Aminot • Elizabeth Beazley • Pamela Bolton • Ian Cheung • Elizabeth Deacon
John Deacon • Bill Duynisveld • Elsie Duynisveld • Gloria Ferguson • Paula Friesen • Henry Froese
Grant Park School • Pat Hiatt • William Jaeschke • Bob Kirkhope • Carol Kirkhope • Betty Loedemen
Don MacAulay • Melissa Malabanan • Jenny McGinn • Lorna McIntyre • Roshini Mendis • Edwin Nicholls
Kristin Nicholls • Joe Okano Leonard Oliver • Mike Plumridge • Shirley Postello • Vanda Racciatti
Robert Regula • Yvonne Richmond • Darren Shannon • Esther Slater • Robert E Smith • Barb Sparling
Bob Taylor • Marge Taylor • Archie Tordiffe • Angie Tordiffe • Abe Warkentin • Edith Warkentin • Mary Wirth



Meals on Wheels Endowment Fund Founding Donors

(Founded August 14, 2002)

Margaret Smith	Willy Enns
Bella Rosner	Reginald Challis
Betty Carpenter	Jock MacRae
Vic Temple	P. Thomson
Catherine Cuddy	Ian Cheung
Jack Dolan	Ron Twerdochlib
Melba Rous	Pat and Fred Olsen
Gilles Schaubroeck	Leonard & Dorothy Millar
Theckla Brown	James & Brenda Davidson
Bob Jones	Hart Kapitoler
Sarah Duboff	Marjory G. Graham
Pat MacAulay	Winnipeg Police Association
Trevor Dandy	Joyce & Morris Deveson
Rod Hutter	Michael Boreskie Architect Inc.
Joan Jenkins & Sandy Jenkins in memory of Kathleen Margaret MacDonell	Nick J. Janzen
Grant Nerbas	Ernie Jones
Pat Newbound	Don & Adrienne Nerbas
Mrs. Erika Newbound	Albert & Judy Stamler
John Walton	Northwest Airlines
Stephen Kinch	Debbie Derksen in memory of Richard Hanna
Diane Harlos	Leon Martin



2008 Board of Directors and Staff

Officers

Past President: Sarah Duboff
President: Grant Nerbas
First Vice President: Vanda Racciatti
Treasurer: Tim Baribeau
Secretary: Cath Cuddy

Directors

Paula Filmore
 Janice Siemens
 Robert Fleischaker
 Leslie Orliko
 Don Brown

Staff

Executive Director: John Walton
Manager of Volunteer Services: Shirley Murray
Assistant Volunteer Coordinator: Christie Paul
Client Coordinators: Gemma Eko-Davis and Katherine Heart
Computer Services: Leon Martin
Office Assistant: Siusan Graves

Dispatchers

Dick Askew • Moe Kelly
 Keith McAuley • Mike Plumridge • Dan Diplock



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