



Meals on
Wheels
WINNIPEG

Feeding Independent Living™

2022 Annual Report

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Message From the President and Executive Director

We are pleased to report that Meals on Wheels (“MOW”) continued to fulfil its theme, “Feeding Independent Living”, through the challenges of the pandemic. We adapted to changes in availability of volunteers and staff and focussed on continuity of service, with volunteers and staff being vaccinated and following safety protocols.

Even as Winnipeg and the rest of the world gradually emerge from the pandemic, we continue to see its effects. In cities, dramatic changes in how people work are bringing new patterns. The higher number of employees working from home means residential neighbourhoods are more populated throughout the day. Neighbours are potentially able to play a greater role in looking out for each other. This could supplement the services of MOW, allowing more people to age in their homes, and benefitting themselves and society generally.

MOW consists of more than 200 dedicated volunteers and a small, hardworking staff. Together, they bring regular, friendly delivery of meals to people whose independent living depends on them. Volunteer numbers shrank during the pandemic, and we are now working to restore this.

Regarding administration, in 2022 we renewed our office lease at 174 Hargrave St. for five years with the rent unchanged, and an outdated volunteer/client software system is being replaced.

Volunteer Coordinator Gemma Eko-Davis retired in March after 25 years of valuable service and commitment to both our dedicated volunteers and the clients they serve. We welcome our new Volunteer Coordinator, Adam Rout.

Some directors will not be continuing after the Annual General Meeting. We are grateful to Chelsea Cockerill, Frank Lavitt, and Felicia Wiltshire, each of whom brought important skills to the Board. We wish them every success in their future endeavours.

We are grateful for the support of Boeing Operations Canada and Audi Winnipeg, our Adopt-a-Route sponsors, for allowing their employees to deliver meals during their work hours.

The Winnipeg Regional Health Authority and United Way of Winnipeg are key funding partners of Meals on Wheels Winnipeg, and we continue to be grateful for their ongoing support. We also receive donations from individuals. Every expression of support is much appreciated.



John Knowles



Rhonda Gardner

Message From the Treasurer

The summary financial statements of Meals on Wheels of Winnipeg Inc. (“MOW”) for 2022, as approved by the Board of Directors, are enclosed in this Annual Report.

The 2022 fiscal year was a period of recovery, following a year that was highly impacted by COVID. Inflation rates continued to rise in 2022 and limited supply hindered the output for regular dinners which resulted in an overall drop on the number of meals delivered (3.07% decrease when compared to prior year and 2.21% below the 2022 budget). Even with the economic challenges faced in 2022, MOW maintained our commitment to the community and the clients who rely on us for their daily meals. The efforts of amazing volunteers and the dedicated team at MOW provided 167,923 delivered meals to customers during 2022. Furthermore, through generous donations from volunteers and local organizations, and controlling operating costs, MOW recorded a small surplus of net revenues over expenses for the fiscal year. Consistent with prior years, MOW is well positioned to provide affordable, nutritious, and timely meals to our local community.

In 2012, a reserve fund was established by our Board of Directors to reduce financial risk and to provide MOW with the ability to deal with unexpected changes in expenses and revenue. With the economic fluctuations including inflation and rising interest rates, there were growing uncertainties over funding for businesses in 2022 and beyond. I am pleased to report that we were able to maintain the reserve fund at a consistent level with that of 2021.

As in 2021, MOW held excess cash in short-term and long-term investments to earn interest income. The investment strategy was implemented to protect the cash balance and offset financial risk relative to market fluctuations. Following the approval of a new investment policy at the Annual General Meeting held on May 25, 2022, MOW engaged a large, bank-owned investment firm to provide portfolio management services for a balanced investment strategy, to protect the purchasing power of the portfolio over the longer term.

I wish to add my thanks to those of our President and Executive Director for our principal funding agencies, the Winnipeg Regional Health Authority, and United Way of Winnipeg, and for our numerous volunteers who so graciously continue to support the community. Without your support, MOW would not exist. Thank you! We look forward to your continued support.

Dennis Liu, CPA, CA
Treasurer



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Report of the Independent Auditors on the Summary Financial Statements

To the Directors of

Meals on Wheels of Winnipeg Inc.

Opinion

The accompanying summary financial statements, which comprise the summary statement of financial position as at December 31, 2022, and the summary statements of operations and changes in net assets for the year then ended, are derived from the audited financial statements of Meals on Wheels of Winnipeg Inc. (the "Organization") for the year ended December 31, 2022.

In our opinion, the summary financial statements are a fair summary of the audited financial statements, on the basis described in the *Management's Responsibility for the Summary Financial Statements* section of our report.

Summary Financial Statements

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements and the auditors' report thereon, therefore, is not a substitute for reading the audited financial statements and the auditors' report thereon.

The Audited Financial Statements and Our Report Thereon

We expressed an unmodified audit opinion on the audited financial statements in our report dated March 20, 2023.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation of the summarized financial statements on the following basis:

The summary financial statements include the major totals and subtotals from the related complete financial statements dealing with matters having a pervasive or otherwise significant effect on the summary financial statements.

Auditors' Responsibility

Our responsibility is to express an opinion on whether the summary financial statements are a fair summary of the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, "Engagements to Report on Summary Financial Statements".

A handwritten signature in blue ink that reads "Booke & Partners".

Meals on Wheels of Winnipeg Inc.
Summary Statement of Operations

Year Ended December 31

2022

2021

Sales of meals	<u>\$ 887,557</u>	<u>\$ 932,487</u>
Costs		
Cost of meals	602,378	634,381
Delivery costs - volunteers	<u>59,405</u>	<u>55,284</u>
	<u>661,783</u>	<u>689,665</u>
Net revenues on delivered meals	<u>225,774</u>	<u>242,822</u>
Indirect and administrative expenditures		
Salaries and benefits	322,780	335,498
Office and building	37,866	37,911
Administrative	<u>171,046</u>	<u>135,276</u>
	<u>531,692</u>	<u>508,685</u>
Deficiency of revenue over expenditures before other revenue	<u>(305,918)</u>	<u>(265,863)</u>
Other revenue		
Grants		
Winnipeg Regional Health Authority	169,728	169,728
United Way	82,676	85,176
Donations and fundraising	41,807	51,208
Investment income	42,260	33,190
Other income	6,200	6,850
Unrealized gains on investments	<u>6,297</u>	<u>-</u>
	<u>348,968</u>	<u>346,152</u>
Excess of revenue over expenditures	<u>\$ 43,050</u>	<u>\$ 80,289</u>

The complete financial statements, including notes to the financial statements and the Independent Auditors' Report, are available upon request by contacting the Organization's office.

Meals on Wheels of Winnipeg Inc.
Summary Statement of Changes in Net Assets

Year Ended December 31	2022			2021	
	Invested in property and <u>equipment</u>	Internally <u>restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Total</u>
Balance, beginning of year	\$ 5,040	\$ 303,811	\$ 839,072	\$1,147,923	\$1,067,634
Excess (deficiency) of revenue over expenditures	(2,741)	-	45,791	43,050	80,289
Property and equipment additions	<u>55,854</u>	<u>-</u>	<u>(55,854)</u>	<u>-</u>	<u>-</u>
Balance, end of year	<u>\$ 58,153</u>	<u>\$ 303,811</u>	<u>\$ 829,009</u>	<u>\$1,190,973</u>	<u>\$1,147,923</u>

The complete financial statements, including notes to the financial statements and the Independent Auditors' Report, are available upon request by contacting the Organization's office.

Meals on Wheels of Winnipeg Inc.
Statement of Financial Position

December 31	2022	2021
Assets		
Current		
Cash	\$ 436,087	\$ 551,245
Short-term investments (Note 4)	363,281	436,988
Accounts receivable (Note 3)	127,563	84,439
Prepaid expenses	<u>7,881</u>	<u>6,592</u>
	934,812	1,079,264
Long-term investments (Note 5)	300,647	98,395
Property and equipment (Note 6)	<u>58,153</u>	<u>5,040</u>
	<u>\$ 1,293,612</u>	<u>\$ 1,182,699</u>
Liabilities		
Current		
Payables and accruals	\$ 99,913	\$ 30,475
Unearned revenue	<u>2,726</u>	<u>4,301</u>
	<u>102,639</u>	<u>34,776</u>
Net Assets		
Invested in property and equipment	58,153	5,040
Internally restricted (Note 11)	303,811	303,811
Unrestricted	<u>829,009</u>	<u>839,072</u>
	<u>1,190,973</u>	<u>1,147,923</u>
	<u>\$ 1,293,612</u>	<u>\$ 1,182,699</u>

Approved by the Board


 _____ Director


 _____ Director

The complete financial statements, including notes to the financial statements and the Independent Auditors' Report, are available upon request by contacting the Organization's office.

Thank You...

Donors

Throughout the year we are very fortunate to receive donations from individuals, organizations, and companies throughout Canada. On behalf of the Board, staff, volunteers and most especially the clients, we thank you for your generosity and thoughtfulness. It is your kindness and generosity that allows us to continue our work.



**Maunder McNeil
Foundation Inc.**



Anonymous Donors

Funders

Our presence in the community is made possible through the funding of the Winnipeg Regional Health Authority, Shared Services, and the United Way. We value their commitment, guidance, and our unique relationship with each of them. Their understanding and support of this integral part of Winnipeg cannot be underestimated.

A special thank you to:

WRHA: **Kathy Henderson**, Healthy Aging Facilitator and Seniors Care Specialist, Support Services to Seniors, Health Services/Continuing Care

United Way: **Michelle Chudd**, Community Investment Manager, United Way Winnipeg and the United Way Volunteer Council Members

Volunteer Groups

Adopt-a-Route

Many business leaders seek opportunities to give back to the communities in which they work and live. Becoming a MOW corporate volunteer gives them that opportunity. A commitment of two hours per week is required by each corporate sponsor. Corporate teams deliver meals once per week, on a day and in the area of the company's choosing. Thank you, Boeing Operations Canada, who have participated in this program since 2014, and our newest sponsor Audi Winnipeg.

Community Groups

Community groups that volunteer to deliver meals, are; Cando People, Community Venture, D.A.S.C.H., March of Dimes, Canada, Norshel, WASO Inc., University Heights Group, and the following churches; St. Andrews River Heights United Church, St. Mark's Lutheran Church, St. Aiden's Anglican Church, and Westworth United Church.

Meal Providers

The preparation and coordination of meal delivery is no small task. It takes a group of dedicated individuals and facilities to provide us with the 167,923 meals served in 2022. Thank you to each and every one at all the facilities, who were involved in the preparation of the meals. Your hard work and coordination are so appreciated by our clients and volunteers.

Heartfelt thanks to *Kathleen Richardson, Angela D'Avanti, Julie Gislason and Janet Castling* of the WRHA Regional Distribution Facility, and the following hospitals and personal care homes:

- Concordia Hospital
- Deer Lodge
- Grace Hospital
- Health Sciences Centre
- Misericordia Hospital
- Park Manor
- Riverview Health Centre
- St. Boniface General Hospital
- Seven Oaks General Hospital
- Victoria Hospital
- West Park Manor

Long Service Volunteer Recognition

40 Years 1982 - 2022

Joan Garner

30 Years 1992-2022

Julia Bowers

25 Years 1997-2022

Gerald Lozinski

15 Years 2007-2022

Paula Moynihan

Arlene Smith

Blair Graff

Norshel Inc.

Ron Baker

Rhonda Baker

10 Years 2012-2022

Leon Wieler

David Schofield

Emma Poyser

5 Years 2017-2022

Michael Nayler

Community Venture South

Marijus Timmerman

Michael Schoen

John Klassen

Anita Klassen

Mission, Vision & Values

Meals on Wheels Winnipeg prides itself on being a low-cost service provider that allows residents in Winnipeg the option of continuing to live independently and with dignity in their own homes.

An organization's mission represents its reason for being, its vision represents its overarching goal, and its values represent the organization's core beliefs that guide all its work and actions.

Mission: Enable residents of Winnipeg to live independently by delivering nutritious and affordable meals directly to their home.

Vision: All Winnipeg resident have access to nutritious and affordable meals.

Values:

- Respect – for each individual person
- Dignity – as an inherent value of each person
- Quality – of both the product and service provided
- Accountability – as financial stewards of public, donor, and third-party resources.

Board of Directors 2022-2023

Jonathan Hildebrand, Past President

John Knowles, President

Dennis Liu, Treasurer

Chelsea Cockerill, Secretary

Frank Lavitt

Albert Toews

Ernie Hansch

Manohar Menon

Irwin Corobow

Barbara Reiss

Felicia Wiltshire

Meals on Wheels Staff 2022

Gemma Eko-Davis, Volunteer Coordinator

Reissa Licup, Accounts Coordinator

Kelly Scrivener, Client Coordinator

Lidia Kors, Administrative Assistant

Rhonda Gardner, Executive Director

Dispatchers 2022

Don Brown

Phil Buckingham

Edsel Capuno

Chris Eko-Davis

Ray Lapointe

It all starts Here...



...It all starts With you