WRHA Nutrition and Food Services

MOW Standard Bulk Meal Order Form

NAME:	CENTRE:
DELIVERY DATE:	ROUTE:

Quantity	Dinner Items	Quantity	Soups
	3 Cheese Omelet,		Beef Barley
	Diced Potato, Julienne Carrots		-
	Roast Pork, Cabbage Rolls, Peas		Chicken Noodle
	Baked Salmon,		Minestrone
	Steamed Rice, Julienne Carrots		
	Baked Spaghetti, Cauliflower		Vegetable
	BBQ Pork Riblet,		Cream of Asparagus
	Rice, Cauliflower		
	Breaded Chicken, Mashed Potato,		Cream of Broccoli
	Sliced Carrots		
	Multigrain Breaded Pollock, Mashed		Cream of Mushroom
	Potatoes, Broccoli		
	Macaroni & Cheese, Broccoli		Cream of Tomato
	Meatloaf/Gravy,		
	Mashed Potato, Julienne Carrots		
	Roast Beef/ Gravy,		
	Mashed Potato, Turnip		
	Roast Pork/Poultry Gravy,		
	Rice Pilaf, Peas		
	Roast Turkey, Steamed Rice,		
	Sliced Carrots		
	Salisbury Steak, Non-Dairy Mashed		
	Potato, Mashed Turnip		
	Stuffed Salmon,		
	Mashed Potato, Chopped Spinach		
	TOTAL		
			TOTAL